

MOOR TO SEA MEDAL TIMES 2023

EXTREME MEDAL TIMES 2023

MEN'S MEDAL TIMES EXTREME						
	U18	S	V40	V50	V60	V70
GOLD	7:50:00	7:40:00	7:55:00	8:15:00	8:25:00	9:10:00
SILVER	8:30:00	8:20:00	8:35:00	8:45:00	9:10:00	10:00:00
BRONZE	Finish	Finish	Finish	Finish	Finish	Finish

WOMEN'S MEDAL TIMES EXTREME						
	U18	S	V40	V50	V60	V70
GOLD	Finish	08:20:00	08:35:00	08:50:00	09:40:00	Finish
SILVER	-	08:50:00	09:10:00	09:30:00	Finish	Finish
BRONZE	-	Finish	Finish	Finish	Finish	Finish

CHALLENGE MEDAL TIMES 2023

MEN'S MEDAL TIMES CHALLENGE						
	U18	S	V40	V50	V60	V70
GOLD	4:45:00	4:45:00	4:47:00	4:53:00	5:13:00	5:40:00
SILVER	5:23:00	5:18:00	5:19:00	5:23:00	5:41:00	6:10:00
BRONZE	7:55:00	7:43:00	7:49:00	7:52:00	Finish	Finish

WOMEN'S MEDAL TIMES CHALLENGE						
	U18	S	V40	V50	V60	V70
GOLD	5:23:00	5:15:00	5:16:00	5:37:00	5:49:00	6:15:00
SILVER	6:20:00	5:59:00	6:00:00	6:29:00	6:50:00	Finish
BRONZE	Finish	Finish	Finish	Finish	Finish	-

INSPIRE MEDAL TIMES 2023

MEN'S MEDAL TIMES INSPIRE						
	U18	S	V40	V50	V60	V70
GOLD	3:09:00	3:12:00	3:18:00	3:22:00	3:27:00	3:33:00
SILVER	3:55:00	4:02:00	4:09:00	4:16:00	4:24:00	4:33:00
BRONZE	5:12:00	5:24:00	5:36:00	5:50:00	6:05:00	6:20:00

WOMEN'S MEDAL TIMES INSPIRE						
	U18	S	V40	V50	V60	V70
GOLD	3:22:00	3:27:00	3:32:00	3:37:00	3:43:00	3:49:00
SILVER	4:16:00	4:24:00	4:32:00	4:40:00	5:00:00	5:05:04
BRONZE	5:50:00	6:05:00	6:23:00	6:39:00	6:59:00	7:15:00

